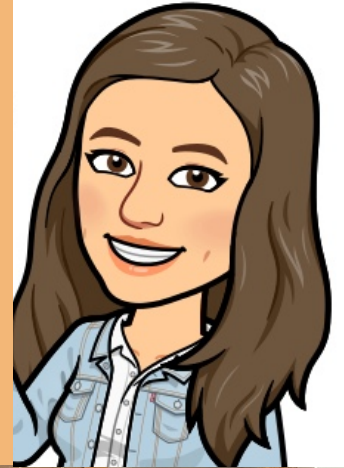


WELLBEING MATTERS @ MOOREBANK

POSITIVE RELATIONSHIPS POSITIVE OUTCOMES

SPOTLIGHT: HEAD TEACHER WELLBEING

HI EVERYBODY! I'D LIKE TO INTRODUCE MYSELF...MY NAME IS LOUISE ROUMANOS, AND I AM VERY HAPPY TO HAVE RECENTLY JOINED MOOREBANK HIGH SCHOOL IN THE ROLE OF RELIEVING HEAD TEACHER WELLBEING WORKING ALONGSIDE MEGAN ROMBI. I COME FROM NEWTOWN HIGH SCHOOL OF THE PERFORMING ARTS, WHERE I HAVE TAUGHT FOR THE PAST 18 YEARS IN THE DANCE AND ENGLISH FACULTY WITH A HEAVY INVOLVEMENT IN THE WELLBEING TEAM, LEADING WHOLE SCHOOL WELLBEING PROGRAMS THERE AS A YEAR ADVISOR FOR THE PAST 5 YEARS. HERE AT MOOREBANK MY FOCUS WILL BE WORKING WITH THE SCHOOL COMMUNITY IMPLEMENTING INITIATIVES TO IMPROVE STUDENT ATTENDANCE, WELLBEING, RESILIENCE AND PRO-SOCIAL BEHAVIOURS. I WILL BE PART OF THE UNDERPERFORMANCE AND PBL TEAMS AND WILL WORK DIRECTLY WITH STUDENTS IN THE DEVELOPMENT OF VARIOUS SUPPORT PLANS, PARTICULARLY BEHAVIOUR SUPPORT PLANS. I LOOK FORWARD TO WORKING WITH THE WONDERFUL YEAR ADVISORS IN SUPPORTING THEM IN THEIR ROLES AND GETTING TO KNOW YOU ALL BETTER OVER THE COMING WEEKS!



Excelling

They can be a perfectionist in areas they care about. They usually find one or two unique areas of passion and focus. Others will depend on them when performance counts. They enjoy pushing themselves and strive to complete tasks to a high standard. They hate hearing 'that'll do' and work best when focusing on strengths rather than weaknesses.

Building Positive Relationships with Parents

The driving principle here at Moorebank High School is Positive Relationships Positive Outcomes (PRPO). PRPO does not stop at our students, but includes our parents and school community. Here are some tips on building positive relationships with parents/carers:

1

FIRST IMPRESSIONS

In high school, it is rare for parents to see their child's teachers. First impressions count! Always greet parents face-to-face with a smile and thank them for their commitment to their child's education. Remember, parents may be nervous to hear what you have to say about their child for fear of being judged. If communicating over the phone, ensure you start off positive or ask for their support, rather than simply reporting negative behaviours.

2

COMMUNICATION

Ensure that you are communicating positive news with parents regularly. Send positive letters home, make a positive phone call or use the Sentral Portal Console. The more positive communication the parent receives, the more supportive they will be when you have to make that negative report.

3

LEARN FROM PARENTS

Just as parents can learn from teachers; teachers can learn from parents. Listen to parents when they're talking about their child. They may give you insights about the child that you were unaware of. As children get older, parents are not often asked how they can contribute or don't know what to do. Let parents know how they can help you. Provide ways they can help at home and in the classroom.

4

BE RESOURCEFUL

When parents come with questions, point them in the right direction where they can find help. If you share a concern, be prepared to suggest resources. When communicating with parents be prepared with basic information such as contact information; policies, and expectations that you have for students and parents for a successful year.